

Trauma-Sensitive Human Trafficking Training

for Healthcare Workers

Tuesday, October 6, 2026

The Graduate Hotel

1309 West Main Street, Charlottesville, Virginia

3:30-5:00 pm



EDEN CENTERS

for Hope and Healing

CHARLOTTESVILLE, VIRGINIA

This educational activity is a one-hour interdisciplinary healthcare training focused on the identification and clinical response to human trafficking within healthcare settings. The session reviews the epidemiology and definitions of human trafficking, recruitment and grooming strategies, populations at increased risk, healthcare-specific red flags, trauma-sensitive communication techniques, the neurobiological impact of complex trauma on survivor behavior and decision-making, and reporting and referral pathways relevant to the Charlottesville and University of Virginia healthcare systems. Additional discussion includes how chronic trauma and traumatic brain injury (TBI) may affect memory, emotional regulation, executive functioning, attachment, and responses to healthcare interactions. The training is designed to improve healthcare providers' ability to recognize trafficking-related presentations, respond using trauma-sensitive approaches, and facilitate linkage to appropriate medical, behavioral health, social work, and community-based resources. Educational strategies include case-based discussion, healthcare workflow analysis, and application of multidisciplinary referral practices to support translation of knowledge into clinical practice.

Desired Outcomes

At the end of the educational activity, learners will be able to articulate.

- Define human trafficking and distinguish between common forms of trafficking encountered in healthcare settings.
- Identify common risk factors, recruitment strategies, and clinical red flags associated with human trafficking.
- Describe trauma-sensitive communication techniques that support patient safety and reduce retraumatization.
- Recognize barriers that may prevent trafficking survivors from disclosing exploitation or accessing services.
- Apply healthcare-specific reporting and referral strategies for patients impacted by trafficking.
- Identify local and national resources available for individuals impacted by trafficking and complex trauma.
- Describe the role of interdisciplinary collaboration in responding to trafficking within healthcare and community systems

Target Audience

This program is designed for community-based and academic healthcare professionals, including physicians, advanced practice providers, nurses, social workers, psychologists, and trainees.

Program Agenda

Time	Topic	Faculty
4:00-4:05pm	Introduction, Educational Objectives, Epidemiology, and Myth-Busting of Human Trafficking	Dr. Miriam Mae Furr
4:05-4:12pm	Definitions of Human Trafficking, the AMP Model, Force/Fraud/Coercion, and Common Recruitment/Grooming Strategies	Dr. Miriam Mae Furr
4:12-4:18pm	Risk Factors, Social Determinants of Health, Trauma Histories, and Vulnerable Populations	Dr. Miriam Mae Furr
4:18-4:25pm	Case #1: Adolescent Female Presenting for STI Screening and High-Risk Sexual Behaviors in Primary Care Setting	Dr. Miriam Mae Furr
4:25-4:33pm	Clinical Red Flags and Healthcare Encounters: Emergency Department Utilization, Behavioral Indicators, Physical Findings, Trauma Presentations, and Neurobiological Effects of Complex Trauma and Traumatic Brain Injury (TBI)	Dr. Miriam Mae Furr
4:33-4:40pm	Case #2: Young Adult Presenting to the Emergency Department with Controlling Companion and Inconsistent History	Dr. Jennifer Andrews
4:40-4:47pm	Trauma Sensitive Communication Strategies: Language to Use, Language to Avoid, Building Trust, and Patient-Centered Response Approaches	Dr. Jennifer Andrews
4:47-4:53pm	Case #3: Healthcare Response Challenges Following Identification of Possible Trafficking in an Adult Patient	Dr. Miriam Mae Furr
4:53-4:58pm	Reporting Obligations, Mandated Reporting, Referral Pathways, Charlottesville/UVA Resources, and Multidisciplinary Collaboration	Dr. Miriam Mae Furr
4:58-5:00pm	Questions, Discussion, and Evaluation	All Faculty

Registration

Registration is complimentary; however, advance registration is required and is now open.

Register online: www.cmevillage.com

Please Note:

- Walk-in registration will not be available.
- The electronic course syllabus will be available online beginning the week of the conference and will remain accessible for **30 days following the conference**.

Additional Information

Policies regarding **cancellations, payment methods, and accommodation requests** are available on our website under

Frequently Asked Questions (FAQs).

If you have additional questions:

Email: uvacme@virginia.edu

Phone: (434) 924-5310

The CME office is unable to reimburse conference attendees for parking. To read more about Parking Information, please go to our website:

www.cmevillage.com

Contact Info:

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Planning Committee Members & Course Faculty

* Denotes course director

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Accreditation & Designation Statements



In support of improving patient care, this activity has been planned and implemented by the UVA Health Continuing Education and **Eden Centers for Hope and Healing of Charlottesville**. UVA Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians: UVA Health Continuing Education designates this live activity for a maximum of **1 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: UVA Health Continuing Education awards up to **1 contact hour(s)** for nurses who participate in this educational activity and complete the post activity evaluation.



Psychologists: Continuing Education (CE) credits for psychologists are provided through the co-sponsorship of the American Psychological Association (APA) Office of Continuing Education in Psychology (CEP). The APA CEP Office maintains responsibility for the content of the programs. UVA Health Continuing Education designates this live activity for a maximum of **1** continuing education hours.



Social Workers: As a Jointly Accredited Organization, UVA Health Continuing Education is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive **1** general continuing education credits.

Hours of Participation: UVA Health Continuing Education awards **1. hours of participation** (consistent with the designated number of *AMA PRA Category 1 Credit(s)™* or ANCC contact hours) to a participant who successfully completes this educational activity. UVA Health Continuing Education maintains a record of participation for six (6) years.